

**T.L. Bain, LLLP**  
**dba Tidewater Horse Trail**

**TRAIL RIDING SAFETY RULES AND REGULATIONS**

Hours of Operation: All riding is to be conducted during daylight hours. Vehicles and trailers are allowed to overnight park. Overnight parking and multi-day riding rates in section 2 below. **No night riding.**

Trail Markings:           Red Arrows – Advanced riders  
                                  Blue Arrows – Carts and beginner riders

1. Release and Liability – **It is mandatory that all riders and spectators understand and sign a complete liability and release waiver.** Per the Code of Virginia 3.2-6200 through 6203, horse professionals are exempt from suit and riders ride at their own risk.
2. **Signed waiver and rider fees must be in possession of management (in drop box) prior to trail riding or entering property. \$15 per rider fee/day; \$25 per rider fee/2 day pass; \$35 per rider fee/3 day pass. Signed waiver applies to both riders and spectators. No fee for spectators.**
3. All riders under 18 must be accompanied by an adult at all times. Legal parent/guardian must sign for all riders under 18.
4. Riders under the age of 18 are required to wear an ASTM/SEI certified riding helmet when mounted. Helmets, safe footwear or safety stirrups are suggested for all riders.
5. **Riding permitted on marked trail only and in the direction of the arrows.** (one way traffic only) Do not leave the trail. Holes and unsafe surfaces, sharp objects, hornet nests and other hazards may exist off marked trails.
6. No drugs or alcohol permitted anywhere on premises.
7. No smoking allowed on trails.
8. No littering on trails. Carry all trash out with you.
9. Don't canter, lope or gallop unless you can see well ahead of you that the trail is clear of other users.
10. Avoid riding alone and always take your cell phone.
11. No dogs allowed on trails. All dogs in parking area must be leashed and remain under control at all times.
12. No riding doubles. Only one rider per horse.
13. Clean up after yourself and your horse in the parking lot. Make sure the area around your trailer is free of manure and trash before you leave. Place trash and manure in designated area.
14. No riding allowed by guests who have been asked by management to not return due to rule violations or any other reason.
15. Each rider is responsible for their actions and those of their mount. Ignorance of the rules does not release the rider of the responsibility should an accident occur.

Emergency Contacts:

Oaks Veterinary Clinic	(757) 365-4887
Dominion Equine Clinic	(757) 925-1234